



Media Contact: Carol Ann Campbell

Phone: 973-567-1901

Email: cacampbell@altrixpc.com

FOR IMMEDIATE RELEASE

Altrix Primary Care Opens in Nashua

***Nurse Practitioners Providing Care For Individuals and Families
— Helping to Alleviate Area's Shortage of Primary Care Providers***

COVID Testing and Care Available in Safety-First Environment

NASHUA, New Hampshire — December 10, 2020 — An innovative primary care practice has opened in Nashua to provide unhurried and patient-focused health care to individuals and families in this southern New Hampshire community. The new practice will help alleviate the area's shortage of primary care providers, and offers COVID testing and care in a safety-first environment. The practice is open at 57 Northeastern Boulevard, Suite 202, Nashua, NH 03062-3154

At [Altrix Primary Care - Nashua](#), highly experienced, board-certified nurse practitioners provide the full range of primary care, including annual wellness exams, well-child check ups, prescriptions and immunizations, minor procedures, and teen and women's healthcare. The practice cares for people of all ages — from newborns to senior citizens. Chronic disease management is provided for conditions such as high blood pressure, COPD, diabetes, asthma, and other health concerns.

"We're pleased to bring the high quality primary care provided by nurse practitioners to the Nashua community," said Nicole M. Tsoukalas, MSN, APRN, FNP-C, one of two nurse practitioners in the practice. "I have been trained to look beyond the patient's initial complaint, and to also look at everything going on in that person's life."

Tsoukalas has more than two decades of experience, including more than 10 years' of experience working in Labor and Delivery, Maternal Child Health, and Pediatrics at Newton Wellesley Hospital in Newton, Massachusetts. Her expertise in geriatric care and chronic disease management is extensive, and she has served the veteran community at Edith Nourse Rogers Memorial Veterans Hospital in Bedford, Massachusetts, for nearly a decade. She also has experience working in cardiology.

New patients in the practice will receive a thorough initial evaluation and follow-up appointments as appropriate. If patients need specialty care, they will be connected with the correct specialist and the Altrix clinical team will continue to follow them. The Altrix team will work to educate patients, focus on

prevention, and develop lifelong relationships with patients, Tsoukalas said. Many of her patients who have moved away still reach out to her for medical advice. “Our patients are like family,” she said.

Altrix Primary Care — Nashua is the first clinical practice of Altrix Primary Care, an affiliate of America’s Nurses. America’s Nurses is working to create a national network of Nurse Practitioner-led practices and to support existing NP-led practices. America’s Nurses serves the Nurse Practitioner profession and supports their ability to serve communities in need of greater access to primary care. Multiple health policy experts have documented a shortage in primary care providers across New Hampshire.

“Nicole and the Altrix team are bringing much-needed and high quality primary care to the Nashua community,” said Phyllis Arn Zimmer, MN, FNP, FAANP, FAAN, President and Chair of the Board of Directors of America’s Nurses. “They care deeply about their patients, and I know they will work diligently to provide comprehensive care solutions and support for families and individuals in the community.”

Altrix accepts most insurances. To make an appointment, call 603-821-4009. More information is available at www.altrixpc.com/nashua

Altrix Primary Care-Nashua, an Affiliate of America’s Nurses

Altrix Primary Care is an affiliate of America’s Nurses, a public benefit corporation whose mission is to advance high quality primary care services throughout the United States by supporting Nurse Practitioner-led practices. Nurse practitioners (NPs) provide a thorough and integrated approach and unmatched quality care for their patients. America’s Nurses is working to create a national network of NP-led practices offering innovative services for patients and their families. America’s Nurses provides NPs an opportunity to have equity in their practices, giving them a greater voice in how care is delivered. As the first affiliate of America’s Nurses, Altrix Primary Care - Nashua is a model of this new kind of primary care.